

# WELCOME TO THE TICKNOCK MOUNTAIN BIKE TRAILS

This is a network of purpose-built singletrack trails and forest roads that are designated for use by mountain bikes on a waymarked circular route. There are two options to choose from, a 13km red grade trail, with an optional 2km of more challenging black grade trail. The trails take riders through beautiful forest and open land with fantastic views over the capital city and Dublin Bay. Forest road climbs lead you into tight twisty singletrack with lots of fast descents, ups and downs, tight turns and technical rocky bits, guaranteed to leave you smiling! The trails are waymarked in one direction, please follow the arrows.

## RED LOOP - TRAIL DESCRIPTION

This red grade route is difficult throughout with numerous severe sections along the route. The trails vary from fast and flowing to tight and technical. Frequently steep and narrow, with variable surfaces including rock, roots, mud, loose stones and gravel that may become slippery when wet. This trail is not for novice mountain bike riders.

Take care as you exit the car park and follow signs as you climb upwards towards the first descent 'Barn Stormer'. Following a brief section of forest road, the next trail is 'Tom's Climb'. This is the longest section in the trail network which starts with a short descent before a long climb to Kilmashogue forest road. 'The Devils Elbow' is the next trail on the Red Loop, fast and rocky with numerous drops and bermed sections.

The route follows the forest road network to 'The Fork', a key point along the route where riders deviate for the black grade trails. Importantly, the red grade route continues straight here with the start of the 'Blazing Saddles' trail. The final climb of the route takes riders to 'The Pump Track', a short but feature rich trail packed with table tops and rollers. The last trail on the route is the infamous 'Skyline', over 2km in length are regarded as one of the most fun trails in the country!

## Trail Information

**Trail Name:** Ticknock Mountain Bike Trail Red Loop  
**Start/Finish Point:** Car Park  
**Length:** 13km with 306 Meters Climbing  
**Time:** 90 to 120 Minutes  
**Degree of Difficulty:** Difficult to Severe  
**Trail Waymarking:** Red

The route uses multiple sections of forest roads and crosses many walking trails. You should expect to encounter vehicles and other forest users at any time. In general, the trail is exposed on the upper slopes and can be very windy in poor weather. Please make sure your mountain bike is in good working order and that you have an appropriate level of fitness and skill level to undertake these trails. All riders should be appropriately dressed and wear a helmet at all times. Please ride with consideration for other forest users and control your speed.

## AFTER BURNER - TRAIL DESCRIPTION

This black grade route is severe throughout. The trails vary rapidly from fast and flowing to tight and technical. Prolonged steep and narrow sections are common, with drop offs and variable surfaces including rock, roots, mud, loose stones and gravel that may become slippery when wet. This trail should not be undertaken unless you are a highly experienced and highly competent mountain bike rider.

Riders seeking the extra challenging black trail 'After Burner' should bear right at 'The Fork'. A short singletrack traverse takes riders to the highest point in the Ticknock Mountain Bike Trail network. This summit, which lies just beneath Two Rock Mountain, boasts spectacular views over north County Wicklow including the Sugar Loaf mountain and Bray head.

The descent is action packed from the start, with a large rock step down which gives you a good indication of what's in store further down the trail. Smooth sweeping berms link seamlessly together before riders face long rock sections and steep rooty pitches with many rollers and technical trail features. Exercise caution as the trail ends and you re-join the Red Loop.

## Trail Information

**Trail Name:** After Burner  
**Start/Finish:** The Fork / End of Blazing Saddles  
**Route:** 2km with 30 Meters Climbing  
**Time:** 20 to 45 Minutes  
**Degree of Difficulty:** Severe Throughout  
**Trail Waymarking:** Black

## Ticknock Mountain Bike Trails

